**MIDDLESBROUGH ASC 2018 JUNE MEET**

**Saturday 16th & Sunday 17th June 2018**

**This event is licensed Level 3 by Swim England for entry into County and Regional championships - (Swim England License Number: 3NE180011)**

1. Gala to be held at The Neptune, Middlesbrough – 8 lanes, 25m pool with full Colorado electronic timing system. Swim-down pool will be in operation
2. Individual consideration times for all age groups have been based on AA Grade Tables 2009 published by Swim England
3. Individual events will be 50m, 100m, 200m all strokes plus 100m, 200m & 400m Individual Medley’s and 400m freestyle. All events will be Heat Declared, 9 year olds are **NOT** permitted to swim either the 400 freestyle or 400 IM events
4. **Ages as at 17th June 2018**
5. Entry fees are £5.50 per individual swim entry by file, or £6.00 if paper entry
6. Entries should be made using Sportsystems Entries Manager V2. Please apply to the meet secretary for a file set. E-mailed entries and mailed payment should be sent to the meet secretary by **25th May 2018.**  Payment should be made to Middlesbrough ASC. Preferred method of payment is by bank transfer to Middlesbrough ASC sort code :05-06-01 Account Number : 15711014
7. Entry times should be converted to 25m pool times by use of ASA Conversion Tables
8. Submitted entry times shall be used for seeding and rejection purposes as required
9. Refunds will only be given:
* Where a competitor whose entry has been accepted, has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Meet Promoter
1. Once an entry has been submitted improved times will not be accepted
2. Accepted swimmer’s details will be posted onto the MASC website as soon as possible after the closing date for the competition
3. There will be no refund of entry fees for withdrawals unless the withdrawal is for medical reasons in which case an appropriate medical certificate must be provided
4. Should a swimmer withdraw from an event on medical grounds they will be removed from all other events
5. Withdrawals – Clubs are asked to notify details of any swimmer not competing by email to the Meet Secretary before 5pm on Friday 15th June for Saturday’s events and 5pm on Saturday 16th June for Sunday’s Events
6. Medals / trophies will be awarded to the first six in both 9 years and 10 years age groups and top three in each other individual age group
7. Poolside entries will be at the discretion of the Meet Secretary, these will be at £7.00 per swim
8. Over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool
9. Swimmers will be permitted to compete for only one club during the meet
10. Poolside passes cost £20.00 which includes programme, Buffet Lunch and results sheets. Coaches & Team Managers will not be permitted on poolside without the necessary pass. All swimmers must be supervised by a responsible person possessing a pass
11. Admission for spectators will be £6 per day. Children & Concessions £3 per day. Programme will be £2. Parking is free at the Neptune
12. Disability competitors
* Swimmers with a disability shall swim under IPC Rules
* Qualifying times for disability competitors are not required. However, entry times shall be submitted for the purpose of seeding the heats
* Poolside passes, coaches’ passes shall attract the advertised fee. All coaches, chaperones and personal care attendants must conform to the Swim England child protection procedures and hold a current DBS certificate
* Competition format: The competition format will be based on disability inclusion within the able-bodied programme i.e. there will be no separate events for swimmers with disabilities. All swimmers will be seeded in the heats according to their entry times. Disability competitors will be included within the results for their age group
1. Any swimmer/team failing to comply with any of the foregoing conditions may not be allowed to compete in the Meet
2. All other matters regarding the running and administration of the Meet shall be at the discretion of the promoter or their agent(s)
3. Coaches/Team Managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the marshals in time for the start of their race may not be allowed to compete
4. Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management
5. Neither Middlesbrough ASC, the Neptune Centre nor Everyone Active can be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers (£1 refundable) in the changing rooms and not to leave belongings unattended in the changing area or on poolside
6. Paper Entries which are not countersigned by an official from the swimmer’s club will be returned
7. The Lead Referee for the meet is Ian McConville
8. The Referees decision is Final
9. Any points not covered here will be at the discretion of the Promoter / meet organisers
10. The Promoter reserves the right to refuse admission to any Competitor or Spectator

**Meet Secretary**

Claire Redshaw

24 Egton Avenue

Nunthorpe

Middlesbrough

TS7 0QY e-mail: meetsecretary@middlesbroughasc.org.uk

**Meet Promoter**

David Ross e-mail: galapromoter@middlesbroughasc.org.uk

**MIDDLESBROUGH ASC 2018 JUNE MEET**

**Saturday 16th & Sunday 17th June 2018**

**Individual Age Groups 9years 10 years 11 years 12 years**

**(Age as at 17th June 2018) 13 years 14 years 15 years & over**

**Order of Events**

**Saturday 16th June 2018**

**Session 1 08.30 Warm up 09.30 Start**

1. Girls 400m Individual Medley (10 years & over)
2. Boys 200m Breaststroke
3. Girls 50m Butterfly
4. Boys 50m Breaststroke
5. Girls 100m Backstroke
6. Boys 200m Backstroke
7. Girls 200m Freestyle
8. Boys 100m Butterfly

**Session 2 Warm up & start time tbc**

1. Girls 200m Individual Medley
2. Boys 400m Freestyle (10 years & over)
3. Girls 50m Freestyle
4. Boys 50m Backstroke
5. Girls 100m Breaststroke
6. Boys 100m Individual Medley
7. Girls 200m Butterfly
8. Boys 100m Freestyle

**Sunday 17th June 2018**

**Session 3 08.30 Warm up 09.30 Start**

1. Boys 400m Individual Medley (10 years & over)
2. Girls 200m Breaststroke
3. Boys 50m Butterfly
4. Girls 50m Breaststroke
5. Boys 100m Backstroke
6. Girls 200m Backstroke
7. Boys 200m Freestyle
8. Girls 100m Butterfly

**Session 4 Warm up & start time tbc**

1. Boys 200m Individual Medley
2. Girls 400m Freestyle (10 years & over)
3. Boys 50m Freestyle
4. Girls 50m Backstroke
5. Boys 100m Breaststroke
6. Girls 100m Individual Medley
7. Boys 200m Butterfly
8. Girls 100m Freestyle

**MIDDLESBROUGH ASC 2018 JUNE MEET**

**Saturday 16th & Sunday 17th June 2018**

**Boys Qualifying times**

**Swimmers Must Not Have Swum Faster Than The Times Below**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Stroke** | **9** | **10** | **11** | **12** | **13** | **14** | **15/ov** |
| 50m Freestyle | 34.9 | 32.4 | 30.8 | 29.1 | 27.7 | 26.6 | 25.0 |
| 100m Freestyle | 1.18.9 | 1.10.6 | 1.06.6 | 1.02.5 | 59.2 | 57.0 | 53.9 |
| 200m Freestyle | 2.47.9 | 2.32.3 | 2.24.0 | 2.15.6 | 2.08.7 | 2.03.8 | 1.57.4 |
| 400m Freestyle |  | 5.20.3 | 5.00.4 | 4.44.0 | 4.30.9 | 4.21.9 | 4.07.6 |
| 50m Backstroke | 40.6 | 37.4 | 35.5 | 33.6 | 31.6 | 30.5 | 28.4 |
| 100m Backstroke | 1.29.6 | 1.21.4 | 1.15.3 | 1.10.9 | 1.06.7 | 1.03.8 | 59.6 |
| 200m Backstroke | 3.06.5 | 2.50.8 | 2.40.1 | 2.31.2 | 2.22.9 | 2.16.9 | 2.09.3 |
| 50m Breaststroke | 46.0 | 42.5 | 40.0 | 37.5 | 35.1 | 33.7 | 31.4 |
| 100m Breaststroke | 1.44.0 | 1.32.8 | 1.26.0 | 1.20.5 | 1.15.3 | 1.12.2 | 1.07.4 |
| 200m Breaststroke | 3.35.4 | 3.18.1 | 3.04.7 | 2.53.6 | 2.43.2 | 2.36.1 | 2.26.3 |
| 50m Butterfly | 39.7 | 36.4 | 34.1 | 32.3 | 30.5 | 29.2 | 27.1 |
| 100m Butterfly | 1.36.6 | 1.22.6 | 1.15.4 | 1.10.4 | 1.06.2 | 1.03.2 | 58.9 |
| 200m Butterfly | 3.30.1 | 3.00.8 | 2.44.7 | 2.35.1 | 2.26.3 | 2.19.9 | 2.09.1 |
| 100m Individual Medley | 1.29.5 | 1.22.4 | 1.18.2 | 1.13.9 | 1.09.8 | 1.06.5 | 1.02.0 |
| 200m Individual Medley | 3.10.8 | 2.54.9 | 2.43.4 | 2.34.2 | 2.26.6 | 2.19.9 | 2.12.2 |
| 400m Individual Medley |  | 6.16.4 | 5.46.6 | 5.25.2 | 5.09.6 | 4.56.4 | 4.39.7 |

**Girls Qualifying times**

**Swimmers Must Not Have Swum Faster Than The Times Below**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Stroke** | **9** | **10** | **11** | **12** | **13** | **14** | **15/ov** |
| 50m Freestyle | 35.3 | 32.8 | 31.3 | 29.9 | 29.0 | 28.5 | 27.9 |
| 100m Freestyle | 1.2 | 1.12.2 | 1.07.2 | 1.03.7 | 1.02.0 | 1.00.9 | 59.6 |
| 200m Freestyle | 2.49.7 | 2.33.1 | 2.24.5 | 2.16.9 | 2.12.9 | 2.10.9 | 2.07.8 |
| 400m Freestyle |  | 5.24.9 | 5.00.1 | 4.44.6 | 4.37.2 | 4.33.1 | 4.26.8 |
| 50m Backstroke | 40.7 | 37.4 | 35.5 | 33.9 | 32.8 | 32.1 | 31.3 |
| 100m Backstroke | 1.31.1 | 1.21.4 | 1.15.4 | 1.11.2 | 1.08.8 | 1.07.6 | 1.05.9 |
| 200m Backstroke | 3.08.4 | 2.52.2 | 2.39.1 | 2.31.3 | 2.27.3 | 2.24.6 | 2.19.9 |
| 50m Breaststroke | 46.8 | 42.7 | 40.1 | 38.0 | 36.6 | 35.8 | 34.9 |
| 100m Breaststroke | 1.44.3 | 1.33.3 | 1.25.9 | 1.21.3 | 1.18.1 | 1.15.8 | 1.14.0 |
| 200m Breaststroke | 3.37.5 | 3.18.3 | 3.04.4 | 2.54.3 | 2.47.5 | 2.43.7 | 2.40.6 |
| 50m Butterfly | 40.2 | 36.3 | 34.5 | 32.7 | 31.7 | 31.0 | 30.3 |
| 100m Butterfly | 1.37.6 | 1.22.5 | 1.15.7 | 1.11.0 | 1.08.8 | 1.07.0 | 1.05.4 |
| 200m Butterfly | 3.33.1 | 3.03.1 | 2.46.5 | 2.35.8 | 2.30.2 | 2.26.4 | 2.21.9 |
| 100m Individual Medley | 1.30.7 | 1.20.8 | 1.18.0 | 1.14.3 | 1.11.7 | 1.10.8 | 1.08.8 |
| 200m Individual Medley | 3.12.5 | 2.54.8 | 2.43.2 | 2.34.7 | 2.30.7 | 2.27.7 | 2.24.1 |
| 400m Individual Medley |  | 6.15.5 | 5.44.3 | 5.25.6 | 5.15.3 | 5.09.7 | 5.02.9 |

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**Saturday 16th & Sunday 17th June 2018**

**SUMMARY OF ENTRIES**

Club:

 Contact Name:

 Address:

Contact Number:

Email Address

 £

 Male Entries @ £5.50

Male Entries (Paper) @ £6.00

 Female Entries @ £5.50

Female Entries (Paper) @ £6.00

 Poolside Passes @ £20.00

 Total Entry Fee Enclosed