**Friday 28th Sept**

**Session 1 Warm up 5.30 pm - 6.10 pm 6.15 pm start**

Event 101 - Girls 200 IM

Event 102 - Boys 200 IM

**Saturday 29th Sept**

**Session 2** **Warm Up 7.45am – 8.10 am 8.15 am start**

Event 201 - Girls 11 and over SC 400m Freestyle

**Session 3**  **Warm up 9.00am – 9.55am 10.00 am start**

Event 301 - Boys 9 and over SC 100m Breaststroke

Event 302 - Girls 9 and over SC 50m Freestyle

Event 303 - Boys 9 and over SC 50m Breaststroke

Event 304 - Girls 9 and over SC 100m Butterfly

Event 305 - Boys 9 and over SC 200m Backstroke

Event 306 - Ladies 12/under - Skins

Event 307 - Ladies 13/over – Skin

**Session 4** **Warm Up TBC expected 1.15 – 2.10 pm 2.15 pm start**

Event 401 - Girls 9 and over SC 100m Backstroke

Event 402 - Boys 9 and over SC 200m Butterfly

Event 403 - Girls 9 and over SC 50m Butterfly

Event 404 - Boys 9 and over SC 50m Backstroke

Event 405 - Girls 9 and over SC 200m Breaststroke

Event 406 - Boys 9 and over SC 100m Freestyle

Event 407 - Girls 9 and over SC 200m Freestyle

**Sunday 30th Sept**

**Session 5 Warm Up 7.45am – 8.10 am 8.15 am start**

Event 501 - Boys 11 and over SC 400m Freestyle

**Session 6 Warm up 9.00am – 9.55am 10am start**

Event 601 - Girls 9 and over SC 100m Breaststroke

Event 602 - Boys 9 and over SC 50m Freestyle

Event 603 - Girls 9 and over SC 50m Breaststroke

Event 604 - Boys 9 and over SC 100m Butterfly

Event 605- Girls 9 and over SC 200m Backstroke

Event 606 - Mens 12/under - Skins

Event 607 - Mens 13/over – Skins

**Session 7 Warm Up TBC expected 1.15 – 2.10pm 2.15 pm start**

Event 701 -Boys 9 and over SC 100m backstroke

Event 702 - Girls 9 and over SC 200m Butterfly

Event 703 - Boys 9 and over SC 50m Butterfly

Event 704 - Girls 9 and over SC 50m Backstroke

Event 705 - Boys 9 and over SC 200m Breaststroke

Event 706 - Girls 9 and over SC 100m Freestyle

Event 707 - Boys 9 and over SC 200m Freestyle